



Preschool Update:

# February

“The more risks you allow children to take, the better they learn to take care of themselves.”

– Roald Dahl, My Year

## Seasonal Fun:

- We built a quinzee that we can climb on top of and through.
- We snowshoed to the wetland behind the back pond and checked out the ‘stinky hill’.
- We climbed and slid down the parking lot snow piles and saw them grow bigger and bigger.
- We did plenty of skiing on the ski trails.
- We baked bannock together.



## Our Learning Adventures:

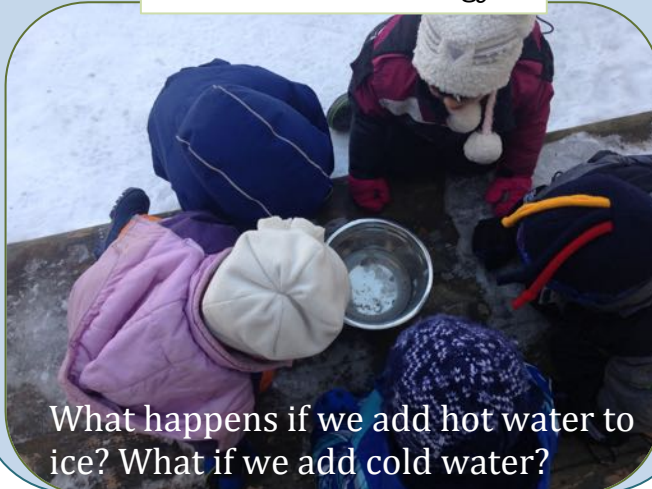
### Imaginative Play:

The crust on top of the snow inspired a pizza shop.



### Science and Technology:

What happens if we add hot water to ice? What if we add cold water?



### Sensory Experiences:

Shaking ‘avalanche trees’ and feeling the snow fall.



### Mathematics:

Matching the number of cups to the number of cards.



# More Learning Adventures:

## Creative Art Experiences:



Drawing in the fresh snow.

## Language and Literacy:



Many new ice cream flavours were imagined and sold in this new shop.

## Gross Motor:



Throwing and passing shapes.

## Fine Motor:

Making cards and other crafts for Valentine's Day.

## Construction:



"This part of the floor is lava and that part is a swimming pool."



## An exciting event:

This winter we have read stories and had discussions about how humans and animals stay warm when it is so cold outside. There were questions about how people stay warm if they don't have a cozy home to go to and how we could help here in North Bay. For Valentine's day we made cards and packed two boxes full of broth, hot chocolate, granola bars, and hand warmers to donate to the Gathering Place.

## Some Favourite Stories, Rhymes and Songs:

- *Awâsis and the World-Famous Bannock*, by: Dallas Hunt
- *The Day Louis Got Eaten*, by: John Fardell
- *In the Hall of the Mountain King*, music by Edvard Grieg



## Nature Observations and Discoveries:

On our hikes, we saw many animal tracks and took a closer look at the buds on the trees. Now that we are passed the Persephone period and there are more than 10 hours of daylight plants are starting to wake up.



One day a whole group of animals made it into the preschool and started a stampede.

## Keeping the fleet in working order.



## Notes for Next Month:

### Possible activities:

(As always activities depend on interests, weather, and energy levels)

- More snowshoeing and cross-country skiing.
- Observing the return of birds and the buds on trees.
- Planting seeds.

### What to wear:

In March, the mornings will likely still be cold and crisp while the afternoons could be warmer and wetter. The snow will probably stick around for all of March but, if we get into puddle season, wearing winter boots for the colder mornings and having rubber boots (insulated are great, and normal rubber boots with big warm socks work too) for warmer afternoons will help. **Splash pants** worn inside the snow pants (or outside if they are big enough) are also recommended.

**Please contact us with any questions or concerns:**

North Bay, ON • (705) 358-1541 • [info@natureandyou.org](mailto:info@natureandyou.org)